




Mead High School



Breakfast Menu

Monday thru Friday	Block Days
<p>Cereal or Oatmeal 1 Muffin <u>or</u> 1 Pop Tart <u>or</u> 1 Yogurt Fruit <u>or</u> Fruit Juice Milk</p>	<p>Menu choices will be the same as Monday thru Friday. We will also add:</p>
<p>1 Power Alley Bar 1 Yogurt Fruit <u>or</u> Fruit Juice Milk</p>	<p>Bagel w/Sausage, Egg & Cheese Fruit <u>or</u> Fruit Juice Milk</p>
<p>Breakfast Burrito Fruit <u>or</u> Fruit Juice Milk</p>	<p>Bagel w/Bacon, Egg & Cheese Fruit <u>or</u> Fruit Juice Milk</p>
<p>UBR Breakfast Cookie Fruit <u>or</u> Fruit Juice Milk</p>	
<p>2 Pop Tarts Fruit <u>or</u> Fruit Juice Milk</p>	
<p>1 Bagel (Plain or Blueberry) Fruit <u>or</u> Fruit Juice Milk</p>	
<p>2 Muffins Fruit <u>or</u> Fruit Juice Milk</p>	
<p>2 Cereal Fruit <u>or</u> Fruit Juice Milk</p>	
<p>Bagel, w/Sausage & Cheese Fruit <u>or</u> Fruit Juice Milk</p>	
<p>English Muffin, w/Sausage & Cheese Fruit <u>or</u> Fruit Juice Milk</p>	