



Mead Child Nutrition Program is an equal opportunity provider.

# February 2010

## Elementary Breakfast Menu

**Allergy Notice:**  
Mead Child Nutrition Services will not serve nuts or nut products at **ELEMENTARY** sites

Although we make every effort to protect students, **MEAD SCHOOL DISTRICT CAN NOT GUARANTEE** that all foods served from our kitchens are free of peanut products



All meals include a choice of Nonfat chocolate or 1% milk. All Menus are subject to change without notice.

### Mon, February 1

Pancake on a Stick  
Cereal Choice  
Apple Juice

### Tues, February 2

Toast and Jelly  
Cereal Choice  
Chilled Peaches

### Wed, February 3

Breakfast Cookie  
Cereal Choice  
Fresh Fruit

### Thurs, February 4

Plain Bagel  
Cream Cheese  
Cereal Choice  
Grape Juice

### Fri, February 5

Sausage & Cheese  
on a Biscuit  
Assorted Fruit

### Mon, February 8

Energy Burst Bar  
Cereal Choice  
Chilled Fruit

### Tues, February 9

Cheese Omelet  
Toast and Jelly  
Grape Juice

### Wed, February 10

Pancakes  
Sausage Patty  
Sweet Applesauce

### Thurs, February 11

Yogurt  
Cereal Choice  
Apple Juice

### Fri, February 12

**NON STUDENT  
DAY**

No School

### Mon, February 15



No School Today

### Tues, February 16

Plain Bagel  
Cream Cheese  
Cereal Choice  
Chilled Fruit

### Wed, February 17

Sweet Muffin  
Cereal Choice  
Fresh Fruit

### Thurs, February 18

Breakfast Cheese Pizza  
Chilled Fruit

### Fri, February 19

Pancake on a Stick  
Cereal Choice  
Apple Juice

### Mon, February 22

Toast and Jelly  
Cereal Choice  
Sweet Applesauce

### Tues, February 23

Cinnamon Breadstick  
Cereal Choice  
Chilled Fruit

### Wed, February 24

Waffle  
Sausage Patty  
Grape Juice

### Thurs, February 25

Energy Burst Bar  
Cereal Choice  
Assorted Fruit

### Fri, February 26

Yogurt  
Toast and Jelly  
Apple Juice